

Why would you get involved?

There are many reasons why and to give you an idea of what it has meant to some of the current members you can read some of their comments.

Personal quotes ~

"Being involved with **SPiRiT** has really shown me what I am capable of and what I can achieve both personally and working as part of a team."
Laura, Cabra

"**SPiRiT** has given me opportunities to get to know new people and develop friendships with people with and without disabilities."
Lisa, Rathfarnham

"The things I most enjoy about **SPiRiT** are: the 'craic'; the friendship; the break from everyday life; and the opportunity to discuss issues that affect disabled people's lives in Ireland today."
Paul, Malahide

Referral Info ~

Name: _____

Address: _____

Tel: _____

DOB: ____ / ____ / ____

Email: _____

Referred from: _____

Contact: _____

How can you become involved?

Simply fill in your name, address and contact details in the space provided on this brochure and send them to the Youth Worker in your area. We will get in touch with you about filling in a full membership form and we will also arrange to meet with you to talk about joining the youth service. or just give us a call we will be happy to answer any questions you might have.

Youth Workers' Contact Details North & West Dublin & Kildare

IWA Youth Worker
Blackheath Drive, Clontarf, Dublin 3
Ph (01) 818 6430
Ph - Txt 086 332 0449

South & West Dublin & Wicklow

IWA Youth Worker
c/o National Rehabilitation Hospital,
Rochestown Ave, Dun Laoghaire, Co Dublin
Ph (01) 235 5406
Ph - Txt 087 050 6946

Other IWA Services include...

Assisted Living Services
Information Service
Peer Counselling
Motoring Advice, Assessment & Tuition
Sport, Respite & Holidays
Employment, Training & Education
Resource & Outreach Centres
Independent Living Apartments
InterAction



Youth in Action

SPiRiT is the Irish Wheelchair Association's youth service for young people with limited mobility aged 13-30. **SPiRiT** stands for

Social
Participation
Inclusion
Rights
Independence
Tenacity

You can avail of the service if you ...

1. Are between the ages of 13 and 30
2. Primarily have a physical disability
3. Live in Dublin, Wicklow or Kildare

Spirit aims to ~

- Give young people the chance to get involved in their community, to develop new skills, and to take on new challenges.
- Provide young people with information on IWA resources and services that can assist them in reaching their full potential.
- Promote inclusion for all by providing education and awareness to mainstream youth organisations.

Information ~

We provide an information service linking young people to IWA services and other relevant community services

Mainstream Youth Services ~

We link young members to mainstream youth services and activities in their areas encouraging them to be actively involved in their community.

Spirit groups ~

The groups are youth-driven and youth-focused with young people taking ownership of the planning and implementation of all aspects of the group's activities, with support from IWA Staff.



West Side SPiRiT Over 18's Drama Project 2006
"My So Called Wedding"

Sample Spirit activities ~

'Learning by doing' projects

The aims of these projects are to learn new skills, make new friends & have fun.

Projects can include

Samba Music, Peer Education, Disability Awareness Training, Art & Crafts, Film Making and Drama , Radio and much more...



MAD SPiRiT Under 18's Film Making Project 2006.
"The Phantom Wheelchair"

Youth breaks ~

We run annual under 18's and over 18's youth breaks to:

Cuise Holiday Centre, Co Roscommon
The Carmel Fallon Respite Centre
Clontarf, Dublin 3.

These are activity-based Breaks which can include ~

Discos	Karaoke
Live Entertainment	Dog Racing
Shopping	Quiz's
Cinema & Bowling	Blind Date
Adventure Centre Trip	Art & Craft