



Day 9 Rome

We will walk to the church of San Pietro in Montorio, where lie the remains of Hugh O'Neill. Beside him lie the remains of Rory O'Donnell and his brother Cathbarr. This is also the place where St Peter was martyred – the Janiculum.

The afternoon tour of Rome includes: Colosseum, Roman Forum, Capital Hill, Circus Maximus, Basilicas of St Mary Major and St John Lateran and the Holy Steps.



Day 10 Rome

This morning we plan to attend the Papal Audience at the Vatican. We visit St Peter's Basilica and see the tombs of the Popes. We also visit the Vatican Museum and the Sistine Chapel. Afternoon leisurely walk to the Spanish Steps and Trevi Fountain.



Day 11 Rome – Dublin

Morning visit to Basilica of St. Paul outside the walls, the site of his martyrdom at Tre Fontana, Eur. We test the Mouth of Truth and then visit the Catacombs.

Transfer to Rome airport for 12.15pm Aer Lingus flight to Dublin, arriving at 14.35pm.

MESSAGE FROM CEO

2010 is a very special year for the Association as we celebrate 50 years working with and on behalf of people with a disability. In 1986, Donncha O Dulaing led our first International walk to Israel. He subsequently led many other walks to support the work of the Irish Wheelchair Association. We are delighted that this year Donncha is going to lead this very special walk for us retracing the steps of O'Neill and his followers both in Ireland and across Europe on "The Flight of the Earls" journey.

Why not join us on this epic journey as we walk in the footsteps of O'Neill from Slane to Rathmullen and onwards to Europe. The Irish walks will take place over a series of Sundays from March to

September and the walk from France to Italy will take place from the 20th to the 30th of September 2010.

We are very proud of everything the Association has achieved in the past 50 years. The effort of all those who support us each year contributes significantly to our success and provides much needed funds to allow us to continue to provide essential services to people with disabilities in Ireland.

We welcome you to join us on this journey through history as we commemorate our own history across 50 years.

Kathleen Mc Loughlin,
Chief Executive Officer.

Sponsorship for participation €4,500

For further information contact: **Irish Wheelchair Association, Blackheath Drive, Clontarf, Dublin 3.** Tel: 01 818 6469 | Fax: 01 833 3873 | Email fund@iwa.ie
www.iwa.ie

OR ANY OF THE FOLLOWING:

IWA Headquarters

Helen Power
Tel: 01 818 6469
fund@iwa.ie

Dublin

Francis Genockey
087 260 1327 | 01 818 6439
Frances Murphy
087 981 3636 | 01 818 6469

West

Terry Wilson
087 681 6070 | 091 771 550

South East & Midlands

Peadar Doogue
087 282 4556 | 059 863 8529

North West

Juliette Gallagher
087 997 5459 | 071 915 5522

South

Thos O'Leary
087 275 6946 | 021 435 0282

North East

Seamus Casey
087 777 4700 | 046 907 2539



Tour operated by Marian Pilgrimages,
Tour Operator Licence No: T.O. 142



Walk with Donncha O Dulaing and Irish Wheelchair Association on this amazing journey through Ireland, France, Belgium, Germany, Switzerland and Italy.

20th – 30th September 2010

The 2010 Flight of the Earls Walk with Donncha O Dulaing is an epic journey across six countries; Ireland, France, Belgium, Germany, Switzerland and Italy.

The walk follows the journey of Hugh O'Neill, Earl of Tyrone, Rory O'Donnell, Earl of Tyrconnell, The Maguires of Fermanagh, and dozens of elite soldiers and scholars who, on the 14th September 1607, left from Donegal to find refuge in Europe and seek assistance for their cause in Ireland. This historic episode became known as 'The Flight of the Earls' and marked the end of an ancient Irish order that had survived over 1000 years and made way for the Plantation of Ulster.

The walk, led by Donncha O Dulaing marks 50 years of the Irish Wheelchair Association and allows us as a group of 99 people to raise funds by coming together on this historic trek across Europe. The programme for 'The Flight of the Earls' is divided into two segments – The Irish Walks and the European Tour.

INCLUDED IN YOUR PACKAGE:

- Return flights Dublin/Paris and Rome/Dublin.
- 10 nights hotel, dinner, bed and breakfast
- 1 night in each location except for Interlaken where we spend 2 nights and Rome for 3 nights.
- Travel on luxury Italian air-conditioned touring coach
- Services of experienced walk leaders
- Admission charges to the Vatican Museum and Cattacombs
- Swiss Mountain rail trip, lunch included
- Tips for hotels and coach drivers
- Comprehensive holiday/travel insurance
- All airport and local taxes.

NOT INCLUDED:

- Single room supplement.
- If you wish to avail of a single room, please note that there is limited availability and an additional charge of €350.

LUNCHES

Lunches are not included except on day 4 in Switzerland.

The Series of Irish Walks

March 2010 – September 2010

These walks will be undertaken over a series of Sundays commencing on 21st March and finishing on the 12th September 2010. Starting time will be at 10.30am. You can join us on any of these walks by raising sponsorship or making a donation – just register with us on line at www.iwa.ie/earls

Date	Location	Distance MILES
21st March 2010	Slane - Melifont - Monasterboice	10
21st March 2010	Monasterboice - Dunleer - Castlebellingham	10
21st March 2010	Castlebellingham - Dundalk	10
18th April 2010	Dundalk - Silverbridge	10
18th April 2010	Silverbridge - Cullyhanna - Newtownhamilton	10
18th April 2010	Newtownhamilton-Armagh	12
9th May 2010	Armagh - Moygashel	10
9th May 2010	Moygashel - Dungannon - Stewartstown	10
9th May 2010	Stewartstown - Tulach Óg - Pomeroy	10
13th June 2010	Pomeroy - Greencastle	10
13th June 2010	Greencastle - Newtownstewart	14
13th June 2010	Newtownstewart - Strabane	10
4th July 2010	Strabane - Ballindrait - Raphoe	10
4th July 2010	Raphoe - Letterkenny	10
15th August 2010	Letterkenny - Ramelton	10
12th September 2010	Ramelton - Rathmullan	10

The European Tour

20th – 30th September 2010



Day 1 Dublin - Lisieux

Check in at Dublin airport for 7am flight to Paris. Drive to Quillebeuf where Hugh O'Neill and his followers landed. Continue via La Bouille to Lisieux. Walk to Les Buissonnets (home of St Therese) the Carmel, and the great Basilica.



Day 2 Lisieux - Louvain

Journey via Rouen, La Boissiere, Poix, Amiens, Contay, Tournai and Halle to Louvain. Walk between Halle and Louvain. Visit the Irish College.



Day 3 Louvain - Interlaken.

Journey via Wavre, Namur, Bastogne, Pont-a-Mousson, Nancy-St-Nicholas, Kaysersberg, Ottmarsheim, Colmar, Sursee and Sempach.



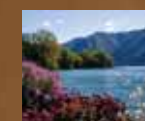
Day 4 Jungfrau Valley.

This will be an unforgettable walk that will allow us experience the splendour of the Swiss Alps.



Day 5 Lucerne - Milan

Journey via Silenen, Andermatt, St Gotthard, Lugano and Como to Milan. Here we will walk between Lugano and Capolago.



Day 6 Milan - Loreto

Journey via Piacenza, Reggio, Bologna, Castle San Pietro, Cesena and Rimini to Loreto. Walk between Rimini and Cattolica. Visit the Holy House of Loreto.



Day 7 Loreto - Assisi

Journey via Recanati, Tolentino, Casanova, Verchiano and Foligno to Assisi. We will walk from Casanova to Foligno. We will also visit the Basilicas of St Francis & St Clare and the Porziuncola where we will see the rose garden and the room where St Francis died.



Day 8 Assisi - Rome

Journey via Spoleto, Terni, Narni, Otricoli, Rignano and Castelnuovo to Rome. We will walk between Castelnuovo and Riano.