

Expression of interest

If you are interested in volunteering with IWA, or wish to learn more about volunteering, please complete the following form and return it to your local IWA centre at the address below.

Name

Address

Tel

Mobile

Email

Insert label with
local IWA address here

Supporting our work

You can support our work by becoming a volunteer, making a donation or remembering us in your will. With your generous support, we will continue to provide essential services. Thank you.

Contacts

National Headquarters

Irish Wheelchair Association, Áras Chúchulainn
Blackheath Drive, Clontarf, Dublin 3

Tel 01 818 6400 | Fax 01 833 3873 | Email info@iwa.ie
www.iwa.ie

Regional Centres

Ballinagappa Road, Clane, Co Kildare

Tel 045 861 346 | Fax 045 861 144 | Email drclane@iwa.ie

Claddagh Court, College Road, Kilkenny

Tel 056 776 2775 | Fax 056 776 1921

Email kilkenny@iwa.ie

The Granary, Bessboro, Blackrock, Cork

Tel 021 435 0282 | Fax 021 435 0288

Email cork@iwa.ie

3-4 Liscarton Villas, Kells Road, Navan, Co Meath

Tel 046 907 2539 | Fax 046 907 2657

Email navan@iwa.ie

Cúl Árd, Wellpark, Galway

Tel 091 771 550 | Fax 091 771 549 | Email galway@iwa.ie

Valuing Volunteers



What can I do?

IWA operates services in every county, often at a number of locations within each county.

IWA welcomes people who are interested in volunteering in the following areas:

- ▶ Sports programmes
- ▶ SPIRIT [youth] programmes
- ▶ Recreational & social activities
- ▶ Home visits.
- ▶ Fundraising/fundraising shops
- ▶ Advocacy and Lobbying
- ▶ Respite and holiday breaks
- ▶ Transport

If you have skills in areas not listed here that you think would benefit IWA and further its aims, please feel free to discuss these with us.

What will my time commitment be?

IWA welcomes volunteers who are available on:

- ▶ A regular basis
- ▶ Intermittently
- ▶ On a one off basis

Services operate seven days a week, so it is likely that the association can accommodate most personal and work commitments. If your personal circumstances change, every effort will be made to accommodate your new availability.

What volunteers can expect from IWA?

IWA is committed to offering volunteers a productive and pleasant experience. As a volunteer you can expect:

- ▶ An opportunity to develop your skills
- ▶ An opportunity to contribute to your local community
- ▶ An opportunity to meet people

What IWA asks of volunteers

Volunteering is a two way process. IWA will have the following expectations of volunteers:

- ▶ A commitment to the aims and values of IWA
- ▶ A commitment to work respectfully with people with disabilities, other volunteers and staff to achieve these aims
- ▶ To work within the IWA Code of Conduct
- ▶ A willingness to learn
- ▶ Be trustworthy and honest
- ▶ Become part of a team.
- ▶ To work within the IWA Code of Conduct

Who can volunteer?

IWA welcomes people from all walks of life and background. All we ask is that you support and commit to the aims and values of the IWA.

Why volunteer?

The Irish Wheelchair Association is traditionally rooted in volunteerism. The association was founded following a meeting of 10 people with limited mobility in the Mater Hospital in 1960. Since its foundation IWA has valued the support and drive of volunteers in the work of the association.

Volunteering within IWA benefits:

- ▶ Individual people with disabilities
- ▶ The volunteer
- ▶ The general community
- ▶ The organisation

Volunteers can get involved in a variety of ways that support activities in IWA and in the wider community. Volunteers also have an opportunity to influence positive change in the community towards disability issues.

Mission Statement

The Irish Wheelchair Association is a national organisation dedicated to the achievement of full social, economic and educational integration of people with disability as equal, independent and participative members of the community.