

# Annual Review | 2020



Commemorating 60 Years of Irish Wheelchair Association  
**1960-2020**

[www.iwa.ie](http://www.iwa.ie)



## Vision

Our vision is for everyone with a physical disability to enjoy sport, physical and recreational activities on a fully inclusive basis in any environment.

## Mission

To develop and promote sport, physical and recreational opportunities for people with a physical disability to reach their full potential.

## Values

**Fun:** IWA-Sport's ethos is that having fun should be at the heart of everything we do.

**Belonging:** IWA-Sport is dedication to fostering and instilling a sense of belonging and camaraderie through involvement in our programmes.

**Empowerment:** IWA-Sport believes that our members will be empowered to achieve greater independence from building confidence and self-determination, through involvement in our programmes.





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## Vision / Mission / Values

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# Welcome Address

Dear IWA-Sport Members,

Traditionally this welcome note gives a brief overview of the range of activities and highlights of a given year. In 2020, the year of our 60th Anniversary, we could never have envisaged the year that unfolded as a result of the Covid 19 pandemic.

From the middle of March onwards our lives were severely impacted like never before in our lifetime as the sole focus became about protecting our health, safety and welfare and of those that we love.

The sporting calendar was completely cancelled and its return to date has been very gradual. Yet, the value of staying physically active and connected as much as we could was never as important. Individual exercise saw a significant surge as society sought refuge.

There is no doubt that the pandemic impacted our programmes to a much greater extent than it did the mainstream sports in Ireland. This was a common experience of other disability sport organisations and programmes in Ireland too. In terms of the impact on IWA sports the primary reason for this was due to the fact that many of our sports and programmes take place indoors which combined with nervousness around returning to sport whilst the virus was prevalent, led to little or no organised sport to date since the onset of the pandemic.

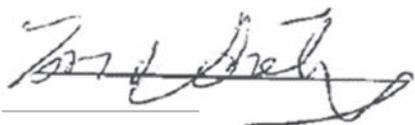
This Annual Review sets out the details of the year that was 2020. There were some memorable moments on the field of play in the very early weeks of the year, and then the way in which we delivered programmes changed completely as we transitioned to a virtual offering namely through our Staying Active initiative. Within this 'new way' of engaging we provided an alternative way of participating in physical activity and more importantly staying connected.

As we look ahead to 2021 there is real signs of hope that we will meet each other on the courts and playing fields once again. We will once again do everything we can to make it possible.

To conclude, we would like to take a moment to reflect on 2020 and remember IWA members and their families and friends that are no longer with us. Our thoughts and prayers are with you.

We look forward to meeting you all once again.

Yours sincerely,



Tom O'Doherty  
Chairperson  
IWA-Sport National Sports Executive Committee



Nicky Hamill  
Director of Sport  
IWA-Sport

# Introduction

In December 2019, a virus that had not previously been seen in humans was identified in Wuhan, China. In February 2020 the World Health Organization (WHO) officially named this new Coronavirus 'COVID-19'. Coronaviruses cause illness in humans ranging from the common cold to more severe respiratory (lung) diseases such as Middle East Respiratory Syndrome (MERS) and Severe Acute Respiratory Syndrome (SARS).

By the second week of March the scale of impact globally from COVID-19 was unprecedented and saw a range of measures introduced to combat the spread of the virus. Ireland put in place advanced plans to deal with this public health emergency, COVID-19 (Coronavirus).

On Tuesday 24th March, the Irish government announced a number of Public Health Measures including physical distancing restrictions, travel restrictions, working from home where possible, and the cancellation of social and sporting events.

The impact of these measures resulted in the complete cancellation of all sports activities in Ireland including IWA-Sport activities and the closure of the IWA Sports centre.

What followed for the remainder of the year was an almost complete cessation of organised sporting activities both at home and internationally as society adjusted to a range of restrictions.

Twelve months later there has been little change in the environment with the pandemic still very much present. This meant the way in which we delivered sports programmes changed dramatically moving almost solely to a virtual online model.

More will follow in this report as to the impact of Covid 19 on our activities and the way in which we adapted to the environment.

# Sports and Activities Update

The period up to mid March 2020 saw the completion of the Basketball Ireland National Cup Programme in January where the Rebel Wheelers retained their title defeating Killester 60 points to 47 in what was a highly entertaining encounter. Both teams arrived to the final in great form where consistent performances throughout the season saw them battle for the league title also.

Following an Irish Wheelchair Basketball Senior Clubs Competition Committee (SCCC) meeting and in consultation with all 9 League Teams, a decision was reached to conclude the 2019/2020 IWB Season with a small number of games remaining and award the League Title to Rebel Wheelers using the Points Per Game method.

In tandem with the Senior Competitions the Wheelchair Basketball Junior Blitz also saw a small number of rounds played pre March and once again those days were full of great sport and fun.

The domestic Wheelchair Rugby and Para Athletics programmes saw little or no home or international activity over the course of 2020.



## Sports and Activities Update Continued

The Para Powerlifting Programme did see some meaningful action before March and as the year progressed, as the two athletes had exemptions to continue training and competing as High Performance athletes. Three athletes, Britney Arendse, Nicola Dore and Oscar Hancock competed at the World Cup in Manchester in February.

Britney Arendse competed in the Womens 67kg category and secured a silver medal on her third lift with 100kg. Nicola Dore competed in the Womens 61kg category with her best lift of 67kg which also securing a silver medal for the Irish team.

These performances proved crucial for Britney and Nicola as it was the only Paralympic Games Qualification event in which they competed in 2020. More importantly it moved Britney into 5th and Nicola into 6th place respectively in the World rankings and their quest for automatic qualification slots which are top 8.





# Community Sports Club Project

Like all projects planned for 2020 the community sports club project changed its focus in March to react to the changing environment brought about by Covid 19.

Significant time and resources were redirected to supporting the return to sport process. The planned establishment phase of new clubs, as was originally planned, was put on hold. At the beginning of the year two new pilot phases had commenced in Cavan and South Dublin and planning has begun with a small number of other Local Sports Partnerships.

As the environment changed from month to month it became clear that a remote offering of activities would be required and to that end the Staying Active initiative was developed as highlighted earlier in this report.

**Irish Wheelchair Association**  
**SPORT**

**IWA-Sport South Dublin/DLR**  
*Multi-Sport Junior Club*

**Multi-Sport Club in South Dublin!**

This exciting multi-sport club in South Dublin is suitable for children with physical disabilities and their siblings.

**12pm - 1pm, Sun 16th February 2020**  
**Our Lady's School, Terenure, Dublin 6W**

*Suitable for children aged 5 - 15 years*

**FREE ADMISSION**

# Women In Sport Project

We received funding from Sport Ireland towards the second year of our IWA-Sport Women in Sport initiative. Our initiative focuses on increasing women's sustained involvement in sport in four target areas, Active Participation, Coaching and Officiating, Leadership and Visibility. Our main objective is to increase the numbers of Women and Girls in our multisport clubs, coaches, volunteers, club members, athletes, advocates, leaders, and participants from grassroots to lifelong involvement.

As with the Community sports Club Project SCP much of the WIS project resources were refocused to the Return To Sport process and the Staying Active initiative.

In the context of RTS process the WIS coordinator took a lead role with the risk management element.

Other notable progress was the preparation undertaken towards our inclusion as a partner in a 3 year multi national Erasmus project for developing Women In Sport in a European wide context.

Thirteen IWA-Sport clubs virtually signed up to the Women in Sport Charter which was featured in the Federation of Irish Sport 20X20 presentation 17 clubs were represented at the event.

## The Pillars of the Charter as follows:

### Pillar 1

#### Increasing Media Coverage

Actively increasing visibility of our female teams/athletes and club competitions at all levels.

### Pillar 2

#### Increasing Participation

Actively increase female participation at player, coach, referee, volunteer or administration level.

### Pillar 3

Increasing Attendance at female sports events/ games. Actively promoting and planning to increase attendance at female sports games and events.



# Dr Oliver Murphy Sports Centre Operations

The Dr Oliver Murphy Sports Centre experienced two periods of full closure in 2020: the first at the initial phase of the pandemic from mid March until July 1st and the second from mid October to early December.

Following the first closure, a phased reopening of the sports centre began on July 1st and to date normal business has not returned to the traditional model.

The local community summer camps commenced from July 6th and ran until August 21st where full capacity was reached in all weeks, the first time for this to ever happen. The gym reopened on July 13th.

Unfortunately, indoor training in the sports centre, which was permitted for approximately two months in July and August, did not return in any meaningful way for our Dublin based Sports Clubs mainly due to an understandable level of anxiety from our club members.



Despite the major disruption in services there was significant uptake in both summer camp programmes and gym membership which highlighted the value and importance placed on exercise during the pandemic.

## Education and Training

### Coach Education

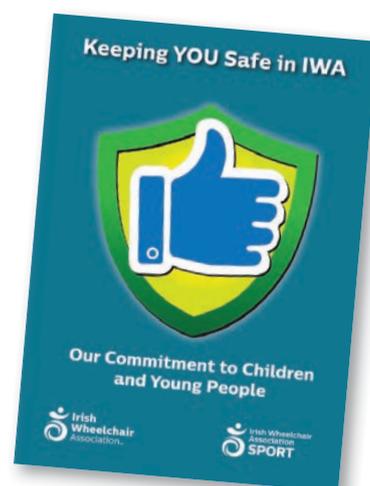
Staff member Shannon Pollock and Volunteers Bridgette and Denver Arendse qualified as Level 3 World Para Powerlifting, Technical Officials/Referees in Manchester in February. This is a very positive step towards building our capacity with technical proficiency in the sport going forward.

# Safeguarding

The safety and welfare of everyone who avails of IWA-Sport activities is of paramount importance to us. During 2020 we have been busy ensuring that everyone involved in and who works on behalf of IWA-Sport are aware of their rights and responsibilities and that the structures we have in place upholds this ethos. Please read on for an update on some of our work this year and plans for the coming year.

## Keeping You Safe in IWA Leaflet

We launched the child friendly version of our Child Protection Policy. This document is called the Keeping You Safe in IWA Leaflet. This leaflet is being distributed to all clubs and activities requesting that every child and young person who is involved in IWA-Sport receives this and is informed of what it means for them. Be sure to request this if you have not received an allocation to your club.



# Safeguarding Training

Our Safeguarding 1 (SG1) training compliance by numbers



The training is now being delivered through MS Teams platform and we have had a great response to this new way of delivering the training. Thanks to everyone who has attended and overcame the technical difficulties to complete the programme. Our aim is to keep implementing this training ensuring that everyone is compliant.

We are expanding our capacity to deliver the Sport Ireland Safeguarding Training by adding two more SG1 Tutors to be able to deliver SG1 and to have the capacity to deliver SG2 and SG3 internally. Watch this space for more developments.

## **Sport Ireland NGB Safeguarding**

In 2019 we completed the first phase of the NGB Safeguarding Self-Audit process. Work has continued to ensure that the gaps that were identified are addressed. This work is aligned with the development of the IWA-Sport Operational Manual that standardises our work and practices across all of our activities.

## **Club Child Safeguarding Statement (CSS)**

The two-year review of the Club CSS and Risk Assessment has continued throughout 2020. We have completed the process for five clubs and supporting an additional seven clubs to complete this to ensure compliance with the requirements of the Children First Act 2015. All clubs providing a relevant service to children are legally required to have an up to date CSS and Risk Assessment in place.

## **Governance and Accountability**

In conjunction with the Director of Sport the National Safeguarding Officer briefs the National Sports Executive Committee at every meeting to ensure they are fully informed of all safeguarding developments for IWA-Sport. The work of the NSEC is instrumental in ensuring that our systems and structures are robust and compliant with the relevant safeguarding legal requirements. The IWA CEO receives a monthly briefing on all safeguarding developments including the concerns and cases that arise.

## **Collaborations**

The National Safeguarding Officer Daragh Kennedy, represents IWA-Sport at the Sport Ireland Children in Sport Working Group. This group consists of Safeguarding representatives from across the sector where we work together to ensure that the safety and welfare of children involved in sport is paramount and an integral part of our work.

This group meets 3 to 4 times a year to advise Sport Ireland on the continuous improvement of sport for children and young people. Key developments coming from this group have been the review and update of safeguarding training and the development of the Club Safeguarding Self Audit process due to be launched in 2021.

# Return to Sport

## Covid-19 Return to Sport Task Force

As the year progressed all National Governing Bodies were informed by Sport Ireland that in order to prepare appropriately for a 'Return to Sport', protocols outlining a range of procedures in the context of managing the risk of Covid 19, must be developed and approved prior to recommencing sports and activities. To assist with the process the IWA-Sport National Sports Executive Committee approved the establishment of a Task Force.

### Task Force Purpose

1. To act as an advisory committee to the National Sports Executive Committee and monitor/make recommendations on an ongoing basis.
2. To consider all elements required in line with Government guidelines and Sport Ireland requirements.
3. To review/input/make recommendations to IWA-Sport NSEC regarding the Return to Sport for IWA-Sport and to remain in place for as long as oversight is required in the context of the Covid 19 pandemic.

Task Force Structure		
1.	Nicky Hamill	Director of Sport – Lead Person
2.	Paul Ryan	National Operations Manager
3.	Adrian Donoghue	Irish Wheelchair Basketball
4.	Tadhg Buckley	Irish Wheelchair Basketball
5.	Teresa Dineen	Irish Wheelchair Rugby
6.	Lynn Cromie	Irish Wheelchair Rugby and Medical Expert
7.	Lisa Kelly	Irish 7s Rugby
8.	Pat Furlong	Irish Para Athletics
9.	Roy Guerin	Para Powerlifting
10.	Katie Byrne	MSJC & Club Safeguarding Officer Rep
11.	Dr. Noel McCaffrey	Medical Expert
12.	Dympna Killian	IWA Health and Safety Manager

### In August 2020 Sport Ireland approved the IWA-Sport Return to Sport Protocols.

The key elements of the project included the development of:

- 6 sport specific review frameworks for each of our five sport sections and an additional framework for multi-sport clubs.
- 6 Covid-19 Risk Assessments for each of our five sport sections and an additional one for multi-sport clubs.
- A risk assessment toolkit to be used by the IWA-Sport clubs and sections with a guide on carrying out a risk assessment, templates, and samples.
- Standard operating procedures for all IWA-Sport events and activities.

# **Covid-19 Disability Working Group and Sport Ireland Covid-19 Grant Scheme**

In July 2020 Minister for Tourism, Culture, Arts, Gaeltacht, Sport and Media, Catherine Martin TD and Minister of State for Sport and Gaeltacht Affairs, Jack Chambers TD, announced an unprecedented €85 million funding package for the Irish sport sector, "...which has been significantly impacted by the various Covid-19 restrictions imposed since March 2020. The funding being allocated by Sport Ireland will address the existential threat to National Governing Bodies and their club networks, allowing sports organisations to off-set significant losses incurred in recent months and add a semblance of certainty to planning for 2021".

As part of the scheme, Sport Ireland requested that a Covid 19 Disability Working Group was established. The purpose of the Group was to identify and quantify the unique financial and sporting challenges for organisations delivering in the disability sport sector.

The Working Group comprised of representatives from IWA-Sport, Cara, Special Olympics Ireland, Vision Sports Ireland and Paralympics Ireland and was chaired independently by Kristine Meenaghan, Cork LSP Coordinator.

**“ The Irish Sports Sector has been significantly impacted by the various Covid-19 restrictions imposed since March 2020. The funding being allocated by Sport Ireland will address the existential threat to National Governing Bodies and their club networks, allowing sports organisations to off-set significant losses incurred in recent months and add a semblance of certainty to planning for 2021. ”**

## **The Executive Summary of the Paper read as follows:**

*The impact of Covid-19 has profoundly affected the Disability Sports Sector from local club members to elite athletes, volunteers and right across all agencies and clubs responsible for the management, coordination and delivery of sporting and physical opportunities within Ireland. Resulting in a myriad of challenges for the sector to respond and adapt to.*

*The Covid-19 disability working group was established to provide greater insights and learnings to the impact of Covid-19 on the Disability Sport Sector in response to and support of SI in their administration of the Covid-19 Grant Schemes. This submission has been contributed to by IWA-Sport, CARA, Special Olympics, Vision Sports Ireland/NCBI, Paralympics and the LSPS's.*

*For the purpose of this paper the group focused on the impact of Covid 19 across key areas of the sector such as, HR, Operations, Financial and Economic. To illustrate the challenges and consequences to the sector as whole. While illustrating the innovative methods taken to adjust and respond to the needs of its members and future considerations and priorities for the sector as we plan ahead.*

*In addition to the overall Irish Disability Working Group position paper, IWA-Sport also submitted an individual application for funding support also. IWA-Sport was awarded €194K on November 2nd through the scheme with €99k of the funding ringfenced for lost income in 2020 and €95k towards the continued delivery of innovative services. In December 2020 a further €50K was secured from the same fund again towards lost income during the October and November sports centre closure and also towards the recruitment of a new communications officer.*

# Recovery and Resilience



## Staying Active Framework

To continue delivery of meaningful programmes in the absence of sport in person, a new and innovative Staying Active framework was developed.

The purpose of the framework is to engage with and support IWA members, service users and others with a Physical Disability, with participation programmes, information and resources to stay active, healthy, motivated and connected as we progress through the pandemic.

The framework consists of general participation programmes and education and learning initiatives and is tailored towards the continued delivery of services throughout all government restriction levels. The framework comprises of the following themes and events.

<b>IWA-Sport – Staying Active Initiative</b> Purpose - to engage with and support IWA members and service users with participation programmes, information and resources to stay active, healthy, motivated and connected.		
Participation Programmes	Education and Learning	Raising our Profile Initiatives
Community Engagement Programme	Coach Education Courses	Women in Sport
21 Day Walk Challenge	Dr Oliver Murphy Youth Development Programme	IWA-Sport Champions Series
Operation Transformation	Online Sports Workshops	
Online Fitness Classes	Volunteer Training	
Junior Athletes Social and Fitness Programme		
Senior Athletes Fitness Programme		
E-Sports		

Irish Wheelchair Association **SPORT**

# 600 MINUTES IN MARCH



Irish Wheelchair Association **SPORT**

Exercise class with **Coach Alan**  
@6pm Tuesday

Irish Wheelchair Association **SPORT**

# Staying Active



Irish Wheelchair Association

## YOGA & MEDITATION THURSDAY 7PM



Irish Wheelchair Association **SPORT**

**FREE** Evening Training Sessions Online

## Senior Athlete Training Support Program

Starting Tuesday, 2nd March 2021  
On MicroSoft Teams  
Exercise Sessions and Weekly Guest Speakers  
Tuesdays and Thursdays at 7.15pm

Visit **IWA-Sport** Website for full details



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# Strategic Partnerships

## Irish Disability Sport Working Group

In late 2019 the Irish Disability Sport Organisations Working Group comprising of representatives from IWA-Sport, Cara, Special Olympics Ireland, Vision Sports Ireland and Paralympics Ireland was established.

The purpose of the Disability Sport Organisations Group is to act as a voice for and actively promote disability sport in Ireland, as well as to share experience and support each other at a strategic level and potentially at an operational level. The key primary focus of work for 2020 was to input into the position paper regarding the impact of Covid 19 on people with a disability.

## Get Ireland Walking

We partnered with **Get Ireland Walking** to hold a walking/rolling challenge for the month of November. This initiative was open to our members and non-members with a physical disability. The purpose of the initiative was to increase physical activity levels during the month of November. The programme was a great success and it later transitioned into the Operation Transformation programme that began in January 2021.



## Weightlifting Ireland

A memo of understanding was agreed between IWA-Sport and **Weightlifting Ireland** which will result in a significant level of support to our members from Weightlifting Ireland. Areas of cooperation include, grassroots sports development, training and competition opportunities, coach and officials training and education and sharing of equipment.

### **IWA-Sport / ExWell Medical partnership**

A new long-term partnership with **ExWell Medical** began in August at the IWA sports centre in Clontarf. ExWell Medical is an established community-based chronic illness rehabilitation programme. Founder and Medical Director Dr. Noel McCaffrey has been providing supervised exercise classes and nutrition services to patients with a range of chronic illnesses since 2006.

ExWell Medical offers community-based supervised exercise classes, as well as home programmes to people with many different long term illnesses. The rationale behind ExWell Medical is that a large proportion of the disability and unwellness that comes with any long term illness is caused by becoming deconditioned.

### **Aura Leisure**

We were delighted to partner with **Aura Leisure** as a Charity Partner in 2020. The partnership saw the design and production of a health and wellness programme for our members that they could be taken part in from home when restrictions were in place. The content included exercise instruction, virtual fitness classes, nutrition and health and well-being advice.

### **Munster Technological University**

CIT Masters Marketing students developed a social media marketing strategy for the Sports department.

### **National Governing Body and Local Sports Partnerships.**

Whilst our events programme was paused in 2020, we continued to work closely with a number of National Governing Body and Local Sports Partnerships as listed below.

- **Basketball Ireland** – National Cup Finals, officials training and support
- **Paralympics Ireland** – International Federation Liaison/Classification Programme
- **Weightlifting Ireland** – Support for High performance programme leading to MoU between organisations
- **Table Tennis Ireland** – Promotion of Para Table Tennis
- **Tennis Ireland** - Enjoy Tennis programme
- Dún Laoghaire Rathdown, Cavan, Wicklow, Limerick in addition to all LSPs where our network of multi sport junior clubs are based.

# Infrastructure and Resources

**HR** – we were once again supported by the Sport Ireland funded Aspire Graduate programme. This role added great value to the delivery of our Staying Active programme of activities.

**IT** - Planning is ongoing regarding the rollout of the Volunteers Intranet and club specific IWA email addresses.

**Communications** - A number of campaigns ran on our social media channels in 2020 including, home fitness workouts in conjunction with Aura Leisure, 60 years of IWA-Sport, women in sport features, physical activity advice etc.

The sports team presented on the Multi Sports Club Project via Sport Ireland Webinar this gave the team access to stake holders throughout the country with an audience of National Governing Bodies, Local Sports Partnerships, Sports Inclusion Disability Officers and Disability Organisations. The feedback from this has been significant which will support the kickstart of the program when a RTS is realized.

Engagement continued with all member International Federations regarding 'Return to Sport' plans. Para Powerlifting, Wheelchair Basketball and Wheelchair Rugby are planning towards rescheduling major competitions from early 2021 onwards.

We continued to engage, contribute and advocate on committees with localized and national groups throughout the country including Sportability Group Cork, Dunloire Rathdown, South Dublin, Waterford and Limerick LSPs, Irish Disability Sport Working Group.

NGB's Basketball Ireland "Inclusion Advisory Committee" Tennis Ireland, IRFU, Sail Ireland, Powerlifting Ireland, Athletics Ireland.

Internal communication with sports clubs, sports sections and members remained primarily specific to Covid 19 updates in 2020.

# Social Media

With the cancellation of events in 2020 due to Covid19, social media became an indispensable tool for communicating with our members using Facebook, Twitter, Instagram and YouTube.

The IWA Sport team has created plenty of content including initiatives like 'Healthy at Home', our online based fitness module.

Since the beginning of 2021, we have started more initiatives through social media like **10@10** which is a 10-minute workout every day, Yoga with Meabh on Thursdays and Physical Activity with Alan. The engagement with these classes has rapidly increased. This is an area that we keen to develop in the upcoming year.

We have lots of plans for 2021 to engage with our members through new initiatives including increased usage of our social media channels and we look forward to having you involved.



## Anti-Doping Update

In 2020, there was two athletes on the registered testing pool RTP, meaning these athletes were monitored and tested on an ongoing basis. Athletes were tested four times in total. Three standard out of competition tests and one blood test.

In addition a number of our members are also on the RTP under the guise of Paralympics Ireland.

**Total testing figures for 2020 by Sport Ireland = 1045**

National Governing Body	Comp	OOC	Blood	Total
Irish Wheelchair Association Sport	0	3	1	4

# Governance

The IWA-Sport AGM was held virtually for the first time ever on June 27th in 2020. The event was deemed a success and feedback was positive. Officers were elected as follows:

- Chairperson – Tom Doherty
- Secretary – Adrian Donoghue
- Treasurer – none elected. Attendees agreed NSEC could appoint.
- 2 x committee members, Amy Fitzpatrick and Mary Brannigan were elected following a postal vote in the days following the AGM.

The members of the Committee, and attendance at meetings in 2020 were:

		<b>Elected/Co-opted/Resigned</b>	<b>Attendance 2020</b>
<b>Tom Doherty</b>	Director	Elected June 27th	9/10
<b>Adrian Donoghue</b>	External member	Elected June 27th	5/5
<b>Treasurer</b>	External member	Vacant	
<b>Mary Brannigan</b>	External member	Elected July 10th	3/10
<b>Amy Fitzpatrick</b>	External member	Elected July 10th	6/7
<b>Deirdre Mongan</b>	External member	Co-opted 22nd September	3/3
<b>Ciara Staunton</b>	External member	Co-opted 6th October	3/3
<b>Daragh Kennedy</b>	Staff	Permanent member	10/10
<b>Laura McDermott</b>	Director	Board Representative	10/10
<b>Resigned</b>			
<b>Amy Fitzpatrick</b>	External member	Resigned October 12th	6/7

# Funding and Grants

As our primary statutory funder, we completed all requirements as requested by Sport Ireland with regards to the terms and conditions of all funding received. Additionally, we provided a submission for the mid-year review in addition to submitting the 2021 core grant application.

## Funding and Grants

Sport Ireland

■ €285K	Core Grant funding
■ €40K	Women in Sport
■ €10k	Special events (towards specific international competitions)
■ 25K	Aspire Graduate Programme

## Dormant Accounts

IWA-Sport was successful with an application for Dormant Account funding to the value €101,500. Specifically the funding will go towards the following projects:

■ €50K	Phase 3 of Community Sports Club Project
■ €6.5K	Youth Leadership
■ €15K	Volunteer Training and Supports Programme
■ €30K	Sports Inclusion Disability Projects Capital Support

## Donations/Fundraising

Funding was provided by Lord Taverners Ireland towards the purchase of two vans to support sports development officer and a new bus in the North East Region.

**Irish Wheelchair Association**  
**SPORT**

**Youth Work Ireland**  
Let's get you started with sport

**Dr. Oliver Murphy**  
**YOUTH LEADERSHIP PROGRAMME**

Personal Development · Leadership Skills · Empowerment

Training in **LEADERSHIP SKILLS** for IWA-Sport members between the ages of 18 and 23

**PURPOSE**  
For IWA members between the ages of 18 and 23 to undertake training in leadership skills that can be applied to a variety of settings within our organisation as well as contributing to the personal development of the participant.

**ELIGIBILITY**

- ✓ Be an IWA-Sport member
- ✓ Between the ages of 18 and 23 years
- ✓ Provide a motivation statement as to why you would like to undertake this training

**PROGRAMME AIMS:**

- ✓ To aid our young members in developing leadership skills that will benefit on a personal and social basis
- ✓ To develop competencies in communication skills, relationship building skills, planning and problem-solving skills, confidence and agency, resilience, determination and emotional intelligence.
- ✓ To empower participants to make a positive difference through the practice of effective leadership.

**OUTCOME**  
The outcome of this project will see participants become empowered to lead among their peers and become advocates for the work of IWA and disability issues through a structured education programme.

Applications are invited by completing an online application form  
**Closing date for applications**  
Tuesday, 16th February 2021  
For Full Information email: joanne.wall@iwa.ie

This initiative is supported by

**SPORT ÉIREANN**  
SPORT IRELAND

# Acknowledgements

The National Sports Executive Committee would like to thank the following people and organisations for their continued support;

## **Irish Wheelchair Association (IWA)**

The IWA Board of Directors continued their funding support in 2019. The financial support from our parent body is of vital importance to IWA-Sport and we thank them for their continued assistance.

- All volunteers, athletes, families and friends of IWA-Sport

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- Minister for Tourism, Culture, Arts, Gaeltacht, Sport and Media – Catherine Martin

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- Minister of State with responsibility for Gaeltacht and Sport – Jack Chambers

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- Sport Ireland – John Treacy and staff

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- Dormant Accounts

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- IWA CEO – Rosemary Keogh

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- IWA Board – Martin Kelly (Chair), Eileen O’Mahony (President) and board members

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- IWA Senior Management Team

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- IWA-Sport National Sports Council

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- Section Co-ordinators, National Team Managements

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- Paralympics Ireland – CEO Miriam Malone, Members Forum and Staff

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- Our corporate sponsors who support our programmes

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- The many agencies and organisations that support our work at so many levels.

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Irish Wheelchair  
Association  
**SPORT**

Irish Wheelchair Association-Sport  
Blackheath Drive, Clontarf, Dublin 3, Ireland.  
Tel: 01 818 6400 | Email: [info@iwasport.com](mailto:info@iwasport.com)  
[www.iwasport.com](http://www.iwasport.com)  
CHY 5393

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