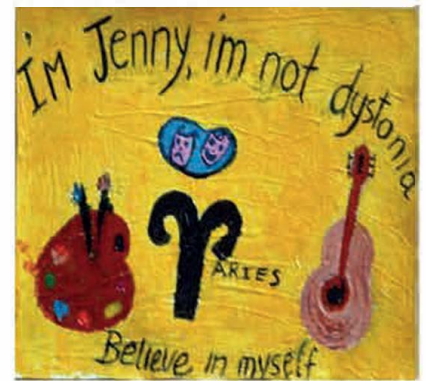


What is Adult Safeguarding in IWA?



Your safety is important to us.



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Everyone has the right to be safe





What is abuse and neglect?



Abuse and neglect are always bad.



There are different types of abuse.



Physical abuse means hitting, slapping, pushing or giving you the wrong medication.



Domestic abuse is any abuse from a person you live with.



Neglect means not getting the help you need.



This can be not having enough food to eat.



It also means not getting the right healthcare.



Self-neglect is when you do not care for yourself.



This might mean not eating or seeing a doctor.



You can ask for help if you need it.



Sexual abuse is when someone touches or kisses you and you do not want them to.



It is also when someone takes or sends sexual pictures of you without your permission.



Abuse

Emotional abuse is when someone shouts at you or makes threats.



This can hurt your feelings and make you feel scared.



Emotional abuse can happen online.



People might bully you or bother you on the internet.



Organisational abuse happens when people do not get good care. It means they are not looked after properly.



Modern Slavery is when people are made to work without pay. It is very unfair and wrong.



Sometimes, people are paid very little for their work. This is also a type of Modern Slavery.



Abuse can happen one time or more.



Discrimination means treating someone badly because they are different.



People can be treated unfairly because they have a disability.



You can be abused by someone you know or someone working with you or a stranger.



Abuse can happen anywhere.



You can say no to abuse.



It is ok to tell someone you trust about abuse.



You have a right to be safe from harm.



We are here to help.



We will listen to you.



What is safeguarding?



Safeguarding is helping you to keep safe from abuse.



We will ask you what you want to happen.



We will help you to make your own decisions.



We will help you find an advocate if you need one.



What might happen?



You will be able to say what has happened to you.



We will tell you what we are doing.

This is called our safeguarding process.



We will support you to make a plan to help you be safe.



You may not want anything to be done about it.



We may need to make sure that other people are safe.



We will support you to get advice if you need to.



We can support you if you need help to make a decision.



An advocate may help you to say what you think and what you want.



We will help you with the safeguarding process.



Safeguarding outcomes



Stop the abuse or neglect.



Being safe.



Being able to choose what happens in your life.



Knowing how to get help.



Getting an apology.



Getting help from the HSE or the Gardai.



Your plan will be kept safe.



We will check if you are ok.



We will tell you when the process ends and keep listening to you.

Talk to us.



You can contact IWA Customer Care
customer care@iwa.ie or 01-8186400



In an emergency call the Gardai
999 or 112



Speak to the IWA manager or staff of your service



The HSE local Safeguarding Team can be called.
1800 700 700 or email info@hse.ie



Useful information

National Advocacy Service 0818 07 3000
info@advocacy.ie

HSE Confidential Recipient 1800 949 494
cr.office@crhealth.ie



Your safety is important to us.